

**Suggested Use:** Adults take 1-3 softgels per day with food.

**Warning:** Consult a healthcare practitioner prior to use if you are pregnant, breastfeeding, or taking prescription medication. Do not use if seal is broken or missing. Store in a cool, dry place, and keep out of the reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LOT: 5002 EXP: 09/2016



DAILY ESSENTIALS

OMEGA-3

60 SOFTGELS

DIETARY SUPPLEMENT

### Supplement Facts

serving size: 1 softgel

servings per container: 60

	amt. per serving	% daily value
Fish Oil (from anchovies & sardines)	500mg	*
Consisting of: EPA – eicosapentaenoic acid	75mg	*
DHA – docosahexaenoic acid	225mg	*

\*DV not established

**Other ingredients:** Gelatin, glycerin, water, vitamin E (as d-alpha tocopherol), hydroxypropyl methylcellulose, glycerin triacetate

MADE IN



U. S. A.

Distributed by:

**The Better Body Brand**

Ogdensburg, NY 13669

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